

**Psychology 20, 30:**

**A Bibliography  
of Resources**

**March 2003**



**Stewart Resources Centre**

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150 B265

**Psychology** / Baron, Robert A. Earhard, Bruce. Ozier, Marcia.  
Scarborough, ON : Prentice-Hall, 1999. 2nd Canadian ed.  
Subjects: Psychology.  
Notes: Includes CD-ROM in back of book.

150 B265

**Psychology : instructor's resource manual with transparency masters** / Garrison, Mark.  
Pfeifer, Jeffrey E. Baron, Robert A.  
Scarborough, ON : Prentice-Hall, 1998. 2nd Canadian ed.  
Subjects: Psychology.  
Notes: Supplement to: *Psychology* by Robert A. Baron, Bruce Earhard, Marcia Ozier.

150 E58

**Psychology : its principles and applications and teacher's manual and resource guide** /  
Engle, Thelburn Laroy. Snellgrove, Louis.  
Orlando, FL : Harcourt Brace Jovanovich, 1989. 9<sup>th</sup> ed.  
Subjects: Psychology - Study and teaching.

150 E78

**Essentials of psychology** / Bernstein, Douglas A.  
Boston, MA : Houghton Mifflin, 2002. 2<sup>nd</sup> ed.  
Subjects: Psychology.

150 E78

**PsychAbilities : to accompany *Essentials of psychology***.  
Boston, MA : Houghton Mifflin, 2002.  
Subjects: Psychology.  
Contents: 1 CD-ROM and 1 user's guide.

150 K19

**Understanding psychology** / Kasschau, Richard A.  
Westerville, OH : Glencoe/McGraw-Hill, 1995.  
Subjects: Psychology.

150 M996

**Psychology** / Myers, David G.  
New York : Worth Publishers, 2001. 6<sup>th</sup> ed.  
Subjects: Psychology.

150 N158

**Psychology : the adaptive mind** / Nairne, James S. Smith, Martin Sherer. Lindsay, Donald  
Stephen.  
Scarborough, ON : Nelson Thomson Learning, 2000. 1st Canadian ed.  
Subjects: Psychology.

150 R635

**Understanding psychology** / Robbins, Paul R.  
Portland, ME : J. Weston Walch, 1995.  
Subjects: Psychology.

153 B813

**Building left-brain power : left-brain conditioning exercises and tips to strengthen language, math, and uniquely human skills** / Bragdon, Allen D. Gamon, David.  
Bass River, MA : BrainWaves Books, 1999.  
Subjects: Cerebral dominance. Brain. Puzzles.

153.9 K51

**Psychology for kids : 40 fun tests that help you learn about yourself** / Kincher, Jonni. Bach, Julie S. Espeland, Pamela.  
Minneapolis, MN : Free Spirit Publishing, 1995. 2nd ed.  
Subjects: Character tests. Personality tests. Self-evaluation.

153.9 K51

**Psychology for kids II : 40 fun experiments that help you learn about others** / Kincher, Jonni.  
Minneapolis, MN : Free Spirit Publishing, 1995.  
Subjects: Psychology - Experiments -- Juvenile literature. Psychology, Experimental - Juvenile literature.

155.33 B814

**Brain sex.**

- **Episode 1.** Contents: 1 videocassette.
- **Episode 2.** Contents: 1 videocassette.
- **Episode 3.** Contents: 1 videocassette.

/ Primedia Productions.

Oakville, ON : Magic Lantern Communications, 1992.

Subjects: Brain - Research. Sex differences (Psychology). Sex differentiation.

Notes: Psychology 20. The basic premise of the series is that differences between men and women are caused by brain chemistry. The first episode delves into the latest scientific research into the brain. Through personal stories, this episode demonstrates how the animal behavior of men and women differs from the moment they were born. The second episode shows how these differences show up in everyday life. The third episode explores how these differences affect all our personal relationships.

155.5 C284

**Where's your head? : psychology for teenagers** / Carlson, Dale Bick. Carlson, Hannah.  
Madison, CT : Bick Publishing House, 1998.  
Subjects: Adolescent psychology. Psychiatry - History. Adolescence.  
Notes: Life Transitions 20/30.

155.9042 D263

**The relaxation and stress reduction workbook** / Davis, Martha. Eshelman, Elizabeth Robbins. McKay, Matthew.

Oakland, CA : New Harbinger Publications, 1995. 4<sup>th</sup> ed.

Subjects: Stress management. Relaxation.

158 P119

**Highs! : over 150 ways to feel really, really good . . . without alcohol or other drugs** / Packer, Alex J.

Minneapolis, MN : Free Spirit Pub., 2000.

Subjects: Happiness in adolescence. Mind and body.

Notes: Psychology 20. Wellness 10. Life Transitions 20/30.

158.2 A237

**Looking out, looking in** / Adler, Ronald B. Towne, Neil. Rolls, Judith A.

Forth Worth, TX : Harcourt College Publishers, 2001. 1st Canadian ed.

Subjects: Interpersonal communication.

Notes: Psychology 20. Life Transitions 20/30.

299.7 S123

**The sacred tree : curriculum guide.**

Lethbridge, AB : Four Worlds Development Project, 1988.

Subjects: Indians of North America - Religion and mythology. Indian philosophy - North America. Trees - Religious aspects. Medicine wheels.

Notes: Arts education grades 6-8, 9, 10, 20, 30. Native Studies Grade 10. Aboriginal Resource List.

299.7 S123

**The sacred tree.**

Lethbridge, AB : Four Worlds Development Project, 1988.

Subjects: Indians of North America - Religion and mythology. Indian philosophy - North America. Trees - Religious aspects. Medicine wheels.

Notes: Arts education grades 6-8, 9, 10, 20, 30. Native Studies Grade 10. Canadian Studies: Native Studies 30. Aboriginal Resource List.

303.375 J87

**Propaganda and persuasion** / Jowett, Garth. O'Donnell, Victoria.

Thousand Oaks, CA : Sage Publications, 1999. 3<sup>rd</sup> ed.

Subjects: Propaganda. Persuasion (Psychology).

Notes: Psychology 20.

303.6 V795

**Violence in the media** / Torr, James D.

San Diego, CA : Greenhaven Press, 2000.

Subjects: Violence in mass media.

Notes: Psychology 20. Life Transitions 20/30. English language arts 20.

305.23 B496

**The developing person through childhood and adolescence** / Berger, Kathleen Stassen.  
New York : Worth Publishers, 2000.  
Subjects: Child development. Adolescence.

305.235 A991

**Rebel, rogue, mischievous babe : stories about being a powerful girl** / Azam, Sharlene.  
Toronto, ON : Harper Collins, 2001.  
Subjects: Teenage girls.

305.235 F791

**Can you relate? : real-world advice for teens on guys, girls, growing up, and getting along** /  
Fox, Annie. Verdick, Elizabeth.  
Minneapolis, MN : Free Spirit , 2000.  
Subjects: Teenagers. Interpersonal relations in adolescence. Dating (Social customs).  
Notes: Life Transitions 20/30.

305.235 H667

**Fighting invisible tigers : a stress management guide for teens** / Hipp, Earl. Espeland,  
Pamela.  
Minneapolis, MN : Free Spirit Publishing, 1995.  
Subjects: Youth - Life skills guides. Stress in youth.  
Notes: Health Middle Level.

305.235 W861

**The struggle to be strong : true stories by teens about overcoming tough times** / Desetta, Al.  
Wolin, Sybil.  
Minneapolis, MN : Free Spirit, 2000.  
Subjects: Teenagers - Conduct of life. Resilience (Personality trait) in adolescence. Teenagers -  
Biography.  
Notes: Life Transitions 20/30.

305.3 M245

**Male/female roles : opposing viewpoints** / Egendorf, Lauara K.  
San Diego, CA : Greenhaven Press, 2000.  
Subjects: Sex role.  
Notes: Psychology 20. Life Transitions 20/30.

305.32 T722

**Tough guise : violence, media and the crisis in masculinity** / Katz, Jackson. Earp, Jeremy.  
Northampton, MA : Media Education Foundation, 1999.  
Subjects: Masculinity. Men - Socialization. Popular culture - Social aspects - United States.  
Violence - United States. Sexism in mass media.  
Contents: 1 videocassette.

305.42 B384

**Beauty and the beach** / Prowse, Joan.

S.l. : Cinefocus, 1997.

Subjects: Body image in women. Bathing suits. Fashion.

Contents: 1 videocassette.

Notes: Psychology 20. Arts education 10, 20, 30. English language arts 20. Life Transitions 20/30.

305.42 C284

**Girls are equal too : how to survive for teenage girls** / Carlson, Dale Bick. Carlson, Hannah. Madison, CT : Bick Publishing House, 1998. 2nd ed.

Subjects: Feminism. Girls. Women's rights.

Notes: Psychology 20, 30. Life Transitions 20/30.

305.42 F198

**The famine within** / Gilday, Katherine. Kandor Productions.

Port Credit, ON : McNabb & Connolly, 1990.

Subjects: Body image. Eating disorders. Weight loss - Social aspects. Women - Psychology. Femininity.

Contents: 1 videocassette.

Notes: Psychology 20. Life transitions 20/30.

305.8 E84

**Ethnic man! : finally, it's not just black and white** / Arboleda, Teja. Arboleda, Barbara Wilson.

Dedham, MA : Entertaining Diversity, 1998.

Subjects: Ethnicity. Racism. Racially mixed people - Biography. Multicultural education.

Contents: 1 videocassette and 1 resource guide.

Notes: Psychology 20. Social Studies 20. History 20. Canadian Studies.

305.8 R118

**Raceoff : a video workshop.**

Dedham, MA : Entertaining Diversity, 1998.

Subjects: Racism. Stereotype (Psychology).

Contents: 1 videocassette.

Notes: Psychology 20.

306.7 H918

**Human sexuality : opposing viewpoints** / Stalcup, Brenda. Leone, Bruno. Swisher, Karin San Diego, CA : Greenhaven Press, 1995.

Subjects: Sex.

Notes: Psychology 20. Life transitions 20/30.

306.73 I35

**In love and in danger : dating violence.**

Pleasantville, NY : Sunburst Communications, 1998.

Contents: 1 videocassette and teacher's guide.

Subjects: Dating violence. Teenage girls - Abuse of.

Notes: Psychology 20. Health Middle Level. Life Transitions 20/30.

306.766 I35

**In other words.**

Montreal, PQ : National Film Board, 2001.

Subjects: Homophobia in high schools. Sexual orientation. Homophobia.

Contents: 1 videocassette.

306.766 O58

**One of them.**

Montreal, PQ : National Film Board, 2000.

Subjects: Homophobia in high schools. Homosexuality and education. Discrimination.

Contents: 1 videocassette.

306.85 C212

**Canadian families : diversity, conflict and change** / Mandell, Nancy. Duffy, Ann.

Toronto, ON : Harcourt Brace Canada, 2000. 2<sup>nd</sup> ed.

Subjects: Family - Canada.

Notes: Life Transitions 20/30.

306.850971 C767

**The Canadian family in crisis** / Conway, John Frederick.

Toronto, ON : James Lorimer, 1993.

Subjects: Family - Canada. Social change.

306.87 R524

**Family ties that bind : a self-help guide to change through family of origin therapy** /

Richardson, Ronald W.

North Vancouver, BC : International Self-Counsel Press, 1995. 3rd ed.

Subjects: Family - Psychological aspects. Self-actualization (Psychology). Psychotherapy.

Notes: Psychology 20. Self-help materials.

349.71 I61

**Introduction to psychology and law : Canadian perspectives** / Schuller, Regina A. Ogloff, James R.P.

Toronto, ON : University of Toronto Press, 2001.

Subjects: Law - Canada - Psychological aspects. Psychology, Forensic.

Notes: Law 30.



362.28 S948

**Suicide : a guide to prevention** / Noodlehead Network.

Orangeville, ON : McIntyre Media, 1998.

Subjects: Youth - Suicidal behavior - Prevention. Suicide - Prevention.

Contents: 1 videocassette and 1 leader's guide.

Notes: Life Transitions 20/30.

362.28 T258

**Teen suicide** / Roleff, Tamara L.

San Diego, CA : Greenhaven Press, 2000.

Subjects: Teenagers - Suicidal behavior. Gay teenagers - Suicidal behavior. Adolescent

psychology.

Notes: Life Transitions 20/30.

362.29 A224

**Addiction : opposing viewpoints** / Hurley, Jennifer A.

San Diego, CA : Greenhaven Press, 2000.

Subjects: Drug abuse. Alcoholism. Tobacco habit.

Notes: Life Transitions 20/30.

362.29 T531

**Through a blue lens.**

Montreal, PQ : National Film Board of Canada, 1999.

Contents: 1 videocassette.

Subjects: Odd Squad (Vancouver, B.C.). Vancouver (B.C.). Police Dept. Narcotics addicts - British Columbia. Police-community relations - British Columbia. Drug abuse - Prevention.

Notes: Law 30. Psychology 20. Life Transitions 20/30.

362.292 A354

**Alcoholism** / Torr, James D.

San Diego, CA : Greenhaven Press, 2000.

Subjects: Alcoholism.

Notes: Psychology 20. Life Transitions 20/30.

362.292 T258

**Teen alcoholism** / Egendorf, Laura K.

San Diego, CA : Greenhaven Press, 2001.

Subjects: Teenagers - Alcohol use. Alcoholism.

Notes: Life Transitions 20/30.

362.74 B837

**Reclaiming youth at risk : our hope for the future** / Brendtro, Larry K. Brokenleg, Martin.

Van Bockern, Steve.

Bloomington, IN : National Educational Service, 2002.

Subjects: Problem children Youth - Psychology. Indian youth. Social work with youth.

362.76 K49

**Child abuse** / Kim, Henny H.

San Diego, CA : Greenhaven Press, 2000.

Subjects: Child abuse.

Notes: Psychology 20. Life Transitions 20/30.

362.8292 D668

**Domestic violence : opposing viewpoints** / Roleff, Tamara L.

San Diego, CA : Greenhaven Press, 2000.

Subjects: Family violence.

Notes: Psychology 20. Life Transitions 20/30.

362.8292 F198

**Family violence** / Lloyd, J.D.

San Diego, CA : Greenhaven Press, 2000.

Subjects: Family violence.

Notes: Psychology 20. Life Transitions 20/30.

362.8292 L897

**A love that kills** / Documentary Productions Limited.

Montreal, PQ : National Film Board of Canada, 1999.

Subjects: Women - Crimes against. Murder - Case studies. Abused women. Abusive men.

Contents: 1 videocassette.

Notes: Law 30.

362.8292 M323

**Breaking free from partner abuse : voices of battered women caught in the cycle of domestic violence** / Marecek, Mary.

Buena Park, CA : Morning Glory Press, 1999.

Subjects: Wife abuse.

Notes: Psychology 20. Life Transitions 20/30.

364.1523 W567

**When women kill** / Morag Production in coproduction with Studio D of the National Film Board of Canada and in association with CBC Newsworld.

Montreal, PQ : National Film Board of Canada, 1994.

Subjects: Jones, Ann, 1937-. Abused women. Women murderers.

Contents: 1 videocassette.

Notes: Law 30.

364.6 H745

**Hollow water.**

Montreal, PQ : National Film Board of Canada, 2000.

Contents: 1 videocassette.

Subjects: Restorative justice - Manitoba. Sentences (Criminal procedure) - Manitoba. Criminal justice, Administration of - Manitoba. Sexual abuse victims - Manitoba. Ojibwa Indians - Manitoba. Hollow Water Indian Reserve (Manitoba).

Notes: Law 30.

370.153 K41

**Self discipline : using portfolios to help students develop self-awareness, manage emotions, and build relationships** / Kerr, Rob. Markham, ON : Pembroke Publishers, 1999.

Subjects: Self-control in adolescence - Study and teaching (Secondary). Behavior modification - Study and teaching (Secondary). Portfolios in education.

Notes: Career and Work Exploration 10, 20, A30, B30.

371.82997 A154

**Aboriginal elders and community workers in schools : a guide for school divisions and their partners** /Saskatchewan. Saskatchewan Education.

Regina, SK : The Dept., 2001.

Subjects: Aboriginal elders. Community and school - Saskatchewan. Multicultural education - Saskatchewan.

Notes: Law 30. Forestry Studies 20, 30. Wildlife Management 10, 20, 30.

371.9 C392

**A celebration of differences** / Kurtis, Bill. Rush-Presbyterian-St. Luke's Medical Center. Northbrook, IL : Ceil Rothbart & Associates/Video EFX, 1999.

Contents: 1 videocassette and 1 booklet.

Subjects: Learning disabilities. Learning disabled children. Self-esteem in children. Self-esteem in adolescence.

Notes: Psychology 20.

612.82 G812

**Brain story : unlocking our inner world of emotions, memories, ideas, and desires** / Greenfield, Susan.

New York : Dorling Kindersley, 2001.

Subjects: Brain - Popular works.

Notes: Psychology 20.

612.82 S416

**The Science Times book of the brain** / Wade, Nicholas.

New York : Lyons Press, 1998.

Subjects: Brain - Popular works. Neuropsychology - Popular works.

Notes: Psychology 20.

616.398 A315

**Obesity** / Akers, Charlene.

San Diego, CA : Lucent Books, 2000.

Subjects: Obesity.

Notes: Psychology 20. Life Transitions 20/30.

616.8 B814

**Brains that work a little bit differently : recent discoveries about 10 common mental diversities** / Bragdon, Allen D.

Bass River, MA : Brainwaves Books, 2000.

Subjects: Cognition disorders. Perception, Disorders of. Left- and right-handedness.

Alcoholism. Seasonal affective disorder. Brain - Abnormalities.

616.8526 A615

**Anorexia** / Leone, Daniel A.

San Diego, CA : Greenhaven Press, 2001.

Subjects: Anorexia nervosa. Anorexia nervosa - Social aspects.

Notes: Life Transitions 20/30.

616.8527 H655

**Hills and valleys : teen depression.**

S.l. : Meridian Education Corporation, 1998.

Subjects: Depression in adolescence.

Contents: 1 videocassette.

616.8527 K21

**Helping your teen overcome depression : a guide for parents** / Kaufman, Miriam.

Toronto, ON : Key Porter Books, 2000.

Subjects: Depression in adolescence.

616.8582 A633

**Antisocial and violent youth** / Shamsie, Jalal. Nicholl, Sorrel. Madsen, Kirsten.

Toronto, ON : Lugus Productions, 2000.

Subjects: Conduct disorders in adolescence. Violence in adolescence.

616.89 M549

**Mental health** / Hurley, Jennifer A.

San Diego, CA : Greenhaven Press, 2000.

Subjects: Mental health.

Notes: Psychology 20.

616.898 S337

**Schizophrenia : reaching out - the importance of early treatment** / Schizophrenia Society of Saskatchewan.

Richmond, BC : British Columbia Schizophrenia Society, 2000.

Subjects: Schizophrenia.

Contents: 1 videocassette, 1 book and 1 pamphlet.

Notes: Psychology 20. Health Middle Level. Life transitions 20/30.

649.7 K62

**Boys will be men : raising our sons for courage, caring and community** / Kivel, Paul.

Gabriola Island, BC : New Society Publishers, 1999.

Subjects: Boys - Conduct of. Moral education. Child rearing.

970.00497 I35

**In a sacred manner I live : Native American wisdom** / Philip, Neil.

New York : Clarion Books, 1997.

Subjects: Speeches, addresses, etc., Indian - North America. Indian philosophy - North America. Human ecology - North America.

971.00497 T627

**To colonize a people : the File Hills Indian Farm Colony** /

Regina, SK : Blue Thunderbird Productions, 2000.

Subjects: File Hills Indian Farm Colony. Indians of North America - Cultural assimilation - Saskatchewan. Indians, Treatment of - Saskatchewan. Indians of North America - Saskatchewan.

Contents: 1 videocassette.

Notes: Psychology 20.

CURR SASK PSYC

**Psychology 20 and 30 : a bibliography for social psychology and human development** /

Saskatchewan. Saskatchewan Learning.

Regina, SK : Saskatchewan Learning, 2002.

Subjects: Psychology - Bibliography.

CURR SASK PSYC

**Psychology 20 : social psychology : a curriculum guide for the secondary level** /

Saskatchewan. Saskatchewan Learning.

Regina, SK : Saskatchewan Learning, 2002.

Subjects: Psychology - Curricula - Saskatchewan.