

# **Social and Emotional Learning: A Bibliography of Resources**

May 2020

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\*Annotations have been excerpted and/or adapted from descriptions provided by the publishers.

152.4 G624

Goldsmith, Scott

**Experiential activities for enhancing emotional intelligence : a group counseling guide to the keys to success**

Champaign, IL : Research Press Publishers, 2014.

*Subjects:* Emotional intelligence—Study and teaching—Activity programs. Emotions in children.

155.41247 B974

Burton, Fiona; Wells, Melanie

**Anger management : a practical resource for children with learning, social and emotional difficulties**

Milton Keynes, England: Speechmark, 2017.

*Subjects:* Anger in children.

*Summary:* This book delivers a practical and meaningful program which all children (including those with learning difficulties) will find easy to access and enjoy. This book includes eight sessions that cover: understanding anger; understanding feelings; self-esteem; triggers and fuses; learning to think differently; physiology and relaxation; and more.

155.418 R147

Lynch, Christopher

**Totally chill, my complete guide to staying cool : a stress management workbook for kids with social, emotional, or sensory sensitivities**

Shawnee Mission, KN : AAPC Pub., 2012.

*Subjects:* Social skills in children—Juvenile literature. Stress management for children—Juvenile literature. Sensory integration dysfunction in children—Treatment—Juvenile literature. Problem solving. Relaxation. Senses and sensation in children—Juvenile literature. Social skills. Adaptability (Psychology) in children—Juvenile literature. Relaxation—Technique—Juvenile literature. Stress management. Problem solving in children—Juvenile literature. Senses and sensation.

*Summary:* This workbook is designed to help students cope with and develop ways to prevent stress and anxiety. Topics include relaxation, flexible thinking, problem solving, getting organized, being healthy, getting along with other kids, and using strengths and talents.

155.4189042 S179

Saltzman, Amy

**A still, quiet place : a mindfulness program for teaching children and adolescents to ease stress and difficult emotions**

Oakland, CA : New Harbinger Publications, Inc., 2014.

*Subjects:* Stress management for children. Educational psychology. Emotions in children. Emotions in adolescence. Stress management for teenagers.

*Summary:* This book presents an eight-week mindfulness-based stress reduction (MBSR)

program that therapists, teachers, and other professionals can use to help children and adolescents manage stress and anxiety in their lives, and develop their natural capacities for emotional fluency, respectful communication, and compassionate action. One of the easiest ways to find the still quiet place within is to practice mindfulness—paying attention to your life experience here and now with kindness and curiosity. The easy-to-implement mindfulness practices in this guide are designed to help increase children and adolescents’ attention, learning, resiliency, and compassion by showing them how to experience the natural quietness that can be found within.

155.455 S678

Neihart, Maureen (Ed.)

**Social and emotional development of gifted children : what do we know? Second edition**  
Waco, TX : Prufrock Press Inc., 2016.

*Subjects:* Gifted children. Child development. Child psychology.

*Summary:* This second edition includes an entirely new section on the psychosocial aspects of talent development, addressing the burgeoning interest and research base regarding gifted performance. The book also includes several new topics that have emerged from the research in the past decade, such as the neuroscience of talent development and motivation for talent development.

179.9 M995 OVERSIZE

**My social and emotional learning foundations. I am in control of myself [kit]**

New Rochelle, NY : Newmark Learning, 2016.

*Subjects:* Behavior. Conduct of life. Reading (Primary). Self-control.

*Summary:* MySELF (Social Emotional Learning Foundations) helps children build social and emotional intelligence and literacy skills through shared reading of engaging texts that prompt discussions about real-world experiences. Child-centered themes support social and emotional growth, address Common Core Foundational Reading Skills Standards, and integrate family involvement with classroom instruction. Stories are written from the first person perspective and center around a diverse group of relatable children. Real-world photos, high-quality illustrations, and delightful narrators aid in teaching social and emotional skills without a heavy-handed approach. Contents: 6 lap books — 36 small books (6 copies of 6 titles) — 1 poster — 60 b&w books (10 copies of 6 titles) — 6 journals — 10 family guides — 1 teacher's guide. Titles: *I can make a plan* — *I am a star!* — *Don't give up!* — *Let's get it started* — *Dylan's questions* — *I will find a way*. Grades: PreK, K, 1.

303.32 M651

Miller, Susan A.

**Social development of three- and four-year-olds**

Lewisville, NC: Gryphon House, 2017.

*Subjects:* Social interaction in children. Preschool teaching. Social skills—Study and teaching (Preschool).

*Summary:* Preschoolers tend to be social beings. Whether they are playing with dolls side by side, building block castles together, or rolling down hills with friends, most young children enjoy the company of others. Playing together comes naturally, but you can help them negotiate turn taking, learning how to mend hurt feelings, and practicing communicating positively while

they play. This book highlights the milestones children tend to reach during the preschool years as they develop socially. You will see classroom scenarios that can provide insights into some of the ways young children make social connections, express their preferences, and play together. As a guide and facilitator, you can share strategies that will help preschoolers learn to be cooperative team members and kind friends while having fun together.

302.14083 A481

Amador, Shawn

**Teaching social skills through sketch comedy and improv games : a social theatre approach for kids and teens including those with ASD, ADHD, and anxiety**

London, England : Jessica Kingsley Publishers, 2018.

*Subjects:* Drama in education. Drama—Therapeutic use. Improvisation (Acting). Social skills in children—Study and teaching.

*Summary:* This book provides guidance on how to deliver fun and transformative activities to develop social skills in teenagers and children. Drawing on ideas from Social Thinking, CBT, mindfulness and assertiveness training, this book develops games, skits and short plays which can be adapted to suit children and teenagers including those who are gifted, typical, and those with mild to moderate cognitive abilities. These activities will help participants become more assertive and flexible as well as improving confidence, focus and self-esteem. Social Theatre® can be used in small groups, in class or throughout the school, as well as in group therapy sessions. It provides a new and inclusive way to teach social skills and collaborative learning and is especially useful for those with anxiety, depression, ADHD and ASD.

303.3207 T564

Tierney, Jeff; Green, Erin

**Teaching social skills to youth : an easy-to-follow guide to teaching 183 basic to complex life skills. Third edition**

Boys Town, NE: Boys Town Press, 2016.

*Subjects:* Children—Life skills guides. Executive functions (Neuropsychology). Emotional maturity—Study and teaching. Socialization—Study and teaching. Social learning—Study and teaching. Interpersonal relations in children—Study and teaching. Social interaction in children—Study and teaching. Social skills in children—Study and teaching.

*Summary:* This third edition offers the step-by-step component behaviors to skills ranging from basic to complex, including new insights and information based on the latest research findings. Details about multi-tiered approaches to social and emotional learning and how skills relate to executive function are also discussed.

305.231 M651

Miller, Susan A.

**Emotional development of three- and four-year-olds**

Lewisville, NC : Gryphon House, 2017.

*Subjects:* Preschool children—Psychology. Social interaction in children. Preschool teaching—Psychological aspects. Emotions in children.

*Summary:* Whether you see a preschooler laughing or crying, hugging or tugging on a playmate, taking risks or seeking comfort from an adult, you know that they are developing their emotional skills and growing up in many ways every day. And they need your help. This book shares

common milestones and typical scenarios to help you recognize various ways that preschoolers express their feelings and interact with others. You will also learn strategies for supporting and nurturing their growth. As you support preschoolers struggling to handle emotional challenges that occur during everyday interactions with adults and other children, you will help them learn the skills to navigate their emotional ups and downs in more positive ways.

370.114 C752

Conklin, Tom

**Social and emotional learning. Grades 5 & up : essential lessons for student success**

New York, NY: Scholastic, 2014.

*Subjects:* Moral education (Middle school). Learning, Psychology of. Middle school education—Activity programs. Affective education. Classroom management. Social environment.

*Summary:* This book offers engaging lessons, strategies, and tips that help students develop self-awareness and manage social challenges so they can focus on academics.

370.15 M695

Mofield, Emily; Peters, Megan Parker

**Teaching tenacity, resilience, and a drive for excellence : lessons for social-emotional learning for grades 4-8**

Waco, TX : Prufrock Press Inc., 2018.

*Subjects:* Academic achievement. Learning, Psychology of.

*Summary:* This book equips teachers to cultivate psychosocial skills that prepare students to tackle challenges, take intellectual risks, and develop a diligence to achieve. Students learn to be mindful of their talents and passions, their beliefs about their abilities, and how their thoughts and emotions influence behaviors and relationships with others. Lessons include engaging activities to support approach-oriented coping, mastery goals, emotional regulation, interpersonal skills, and cognitive-behavioral approaches to channel thoughts and behaviors into a tenacious drive for learning and excellence.

370.15 M995 OVERSIZE

**My social and emotional learning foundations. I believe in myself [kit]**

New Rochelle, NY : Newmark Learning, 2016.

*Subjects:* Confidence. Reading (Primary). Self-esteem in children.

*Summary:* MySELF (Social Emotional Learning Foundations) helps children build social and emotional intelligence and literacy skills through shared reading of engaging texts that prompt discussions about real-world experiences. Child-centered themes support social and emotional growth, address Common Core Foundational Reading Skills Standards, and integrate family involvement with classroom instruction. Stories are written from the first person perspective and center around a diverse group of relatable children. Real-world photos, high-quality illustrations, and delightful narrators aid in teaching social and emotional skills without a heavy-handed approach. Contents: Titles: *I can make a plan — I am a star! — Don't give up! — Let's get it started — Dylan's questions — I will find a way.* Grades: PreK, K, 1.

370.1523 B924Buckley, Mary Anne

**Sharing the blue crayon : how to integrate social, emotional, and literacy learning**

Portland, ME: Stenhouse Publishers, 2015.

*Subjects:* Social learning. Learning—Social aspects. Literacy—Study and teaching. Group work in education. Emotions.

370.153 B887

Bruce, Nefertiti

**Socially strong, emotionally secure : 50 activities to promote resilience in young children**

Silver Spring, MD: Gryphon House, 2010.

*Subjects:* Resilience (Personality trait)—Study and teaching (Early childhood). Social learning. Emotions in children. Home and school.

370.1534 C318

Carrizales-Engelmann, Dianna; Feuerborn, Laura L.

**Merrell's strong kids, grades 3-5 : a social & emotional learning curriculum**

Baltimore, MD : Paul H. Brookes, 2016.

*Subjects:* Social learning. Child development. Emotional intelligence. Affective education.

*Summary:* Social-emotional competence is the foundation of school and social success. The *Strong Kids(TM)* series is the fun and easy way to help your students develop the social-emotional skills they need to manage their challenges and succeed in school and life.

370.1534 C318

Carrizales-Engelmann, Dianna; Feuerborn, Laura L.

**Merrell's strong kids, grades 6-8 : a social & emotional learning curriculum**

Baltimore, MD : Paul H. Brookes, 2016.

*Subjects:* Child development. Social learning. Emotional intelligence. Affective education.

*Summary:* Social-emotional competence is the foundation of school and social success. The *Strong Kids(TM)* series is the fun and easy way to help your students develop the social-emotional skills they need to manage their challenges and succeed in school and life.

370.1534 C318

Carrizales-Engelmann, Dianna; Feuerborn, Laura L.

**Merrell's strong teens, grades 9-12 : a social & emotional learning curriculum**

Baltimore, MD : Paul H. Brookes, 2016.

*Subjects:* Child development. Social learning. Emotional intelligence. Affective education.

*Summary:* Social-emotional competence is the foundation of school and social success. The *Strong Kids(TM)* series is the fun and easy way to help your students develop the social-emotional skills they need to manage their challenges and succeed in school and life.

370.1534 C891

Cranston, Amy

**Creating social and emotional learning environments**

Huntington Beach, CA : Shell Education, 2020.

*Subjects:* Affective education. Emotional intelligence. Social learning.

*Summary:* This book defines SEL and digs into the real work of how to incorporate SEL in K-12 schools. It makes the connection between research and practical application. The real-life examples and testimonials of SEL in the classroom will help educators effectively implement SEL programming. Featured case studies demonstrate real-world applications of SEL in different

types of K-12 learning environments. It addresses students' different interests and varied learning styles and features Mindful Moments that encourage understanding, learning, and reflection.

370.1534 F626

Flippo, Tara

**Social and emotional learning in action : experiential activities to positively impact school climate**

Lanham, MD : Rowman & Littlefield, 2016.

*Subjects:* Activity programs in education. Affective education. Experiential learning. Social learning.

*Summary:* Social and Emotional Learning in Action (SELA) is an easy to use sourcebook facilitated by teaching and/or counseling practitioners primarily in school settings. The pedagogical basis for these lessons are shaped around the research findings of the Collaborative for Academic, Social, and Emotional Learning (CASEL), indicating that the inclusion of social and emotional development programs positively affect academic achievement.

370.1534 F893

Frey, Nancy; Fisher, Douglas

**All learning is social and emotional : helping students develop essential skills for the classroom and beyond**

Alexandria, VA : ASCD, 2019.

*Subjects:* Affective education. Learning, Psychology of. Social learning.

*Summary:* Along with a toolbox of strategies for addressing 33 essential competencies, you'll find real-life examples highlighting the many opportunities for social and emotional learning within the K-12 academic curriculum. Children's social and emotional development is too important to be an add-on or an afterthought, too important to be left to chance. Use this book's integrated SEL approach to help your students build essential skills that will serve them in the classroom and throughout their lives.

370.1534 H236

**Handbook of social and emotional learning : research and practice**

New York, NY: Guilford Press, 2015.

*Subjects:* Social learning. Affective education.

370.1534 H241

Hankin, Vered; Omar Devorah

**Talking treasure : stories to help build emotional intelligence and resilience in young children**

Champaign, IL: Research Press, 2012.

*Subjects:* Resilience (Personality trait) in children. Emotional intelligence.

*Summary:* The ten stories in this book are timeless. Each one is followed by a Parent and Teacher EQ Guide to help children explore their inner thoughts and feelings. The guide includes questions and comments to provide insights about the meaning of the stories and raise relevant psychological issues, to help children think about how the stories apply to their lives and to sharpen their emotional intelligence. It also describes activities children can do so the themes of the stories are not only heard but also experienced.

370.1534 H249

Hansen, C. Bobbi

**The heart and science of teaching : transformation applications that integrate academic and social-emotional learning**

New York, NY : Teachers College Press, 2019.

*Subjects:* Academic achievement—Psychological aspects. Affective education. Emotions and cognition. Social learning. Student teachers—Training of.

*Summary:* This is the text that preservice teachers will take into practice and practicing teachers will turn to again and again to improve classroom culture and learning, with clear guidelines for essential SEL and academic linkages, a wealth of selective extensive teaching resources in multiple media and feedback from real teachers who have adopted this work in their classrooms.

370.1534 K92

Kress, Jeffrey S.; Elias, Maurice J.

**Nurturing students' character : everyday teaching activities for social-emotional learning**

New York, NY : Routledge, 2020.

*Subjects:* Character—Study and teaching. Classroom management—Psychological aspects. Education—Moral and ethical aspects. Emotional maturity. Moral education. Personality development. Social learning.

*Summary:* This book is an easy-to-use guide to incorporating social-emotional and character development (SECD) into your teaching practice. The links are clear: elementary and middle school students have better odds of academic success if you nurture their social and emotional skills. Drawing on broad field experience and the latest research, this book offers intuitive techniques for infusing your everyday teaching and classroom management with SECD opportunities. With topics ranging from self-regulation and problem-solving to peer communication and empathy, these concrete strategies, practical worksheets, and self-reflective activities will help you foster a positive classroom culture.

370.1534 M989

Mussey, Season

**Mindfulness in the classroom : mindful principles for social and emotional learning**

Waco, TX : Prufrock Press Inc., 2019.

*Subjects:* Affective education. Mindfulness (Psychology).

*Summary:* This book introduces eight mindful principles that support social and emotional learning for teachers and students in today's schools, leading to increased empathy, kindness, self-awareness, integrity, self-control, and honesty. The book provides an introduction and theoretical overview of mindfulness, followed by a discussion of the eight mindful principles. Research-based evidence is presented alongside differentiated teaching activities and classroom examples, helping to bridge the gap from theory to practice. Larger implications for schools and society are also discussed, including a call to use these principles to teach the whole child.

370.1534 M995 OVERSIZE

**My social and emotional learning foundations. I have feelings [kit]**

New Rochelle, NY : Newmark Learning, 2016.

*Subjects:* Emotions—Juvenile literature. Reading (Primary).

*Summary:* MySELF (Social Emotional Learning Foundations) helps children build social and emotional intelligence and literacy skills through shared reading of engaging texts that prompt discussions about real-world experiences. Child-centered themes support social and emotional growth, address Common Core Foundational Reading Skills Standards, and integrate family involvement with classroom instruction. Stories are written from the first person perspective and center around a diverse group of relatable children. Real-world photos, high-quality illustrations, and delightful narrators aid in teaching social and emotional skills without a heavy-handed approach. Contents: Titles: *My happy day — The day I felt sad — I was so mad — Don't worry, Mason — Are you scared, Jacob? — Jealous of Josie*. Grades: PreK, K, 1.

370.1534 R727

Rogers, Jennifer E.

**Leading for change through whole-school social-emotional learning : strategies to build a positive culture**

Thousand Oaks, CA : Corwin, 2019.

*Subjects:* Affective education. Emotional intelligence—Study and teaching. School improvement programs. School management and organizations. Social learning.

*Summary:* This book provides a framework for readers to begin their own implementation. It gives them an understanding of the current research on SEL and systems change and contains links to other resources to continue the process. It also provides questions to prompt reflection for change agents and their teams to consider during implementation. Finally, it provides the reader with real-world experiences. School teams can use the information to design professional development and track their progress. Tools to collect evidence of the decision-making process that schools have made during implementation will be integrated throughout the book.

370.1534 T169

Tantillo Phillibert, Carla

**Everyday SEL in elementary school : integrating social-emotional learning and mindfulness into your classroom**

New York, NY: Routledge, 2016.

*Subjects:* Social values—Study and teaching (Elementary). Mindfulness (Psychology). Social skills—Study and teaching (Elementary). Social learning. Affective education.

*Summary:* This book presents practical strategies for teaching social-emotional learning (SEL), mindfulness, and movement to help your elementary students maintain positive relationships, assume responsibility, become bodily aware, and grow into productive, contributing citizens. You'll find out how to lead students through games, simple yoga poses, breathing techniques, and other activities that are easy to incorporate and help you manage your classroom.

370.1534 T169

Tantillo Philibert, Carla

**Everyday SEL in middle school :**

New York, NY : Routledge, 2016.

*Subjects:* Social values—Study and teaching (Middle school). Affective education. Social learning. Social skills—Study and teaching (Middle school). Mindfulness (Psychology).

*Summary:* This book presents practical strategies for teaching social-emotional learning (SEL), mindfulness, and movement to help your middle school students maintain positive relationships, assume responsibility, become bodily aware, and grow into productive, contributing citizens. You'll find out how to lead students through games, simple yoga poses, breathing techniques, and other activities that are easy to incorporate and help you manage your classroom.

370.1534 T866

Trujillo, Michelle L.

**Start with the heart : igniting hope in schools through social and emotional learning**

Thousand Oaks, CA : Corwin, 2019.

*Subjects:* Affective education. Self-consciousness (Awareness). Social learning. Teacher-student relationships. Teachers—Conduct of life.

*Summary:* In this book, the author shows how positive school culture is anchored in social and emotional learning as a way of being. She guides educators to explore their own SEL aptitudes, inspires school-wide investment in a philosophy of connection, and offers ample tools, strategies, and solutions for integrating five SEL competencies into schools. Jump start conscientious connections in your school community and create a foundation for trust that allows students and educators to feel appreciated, effective, and productive.

370.1534 W581

Whitcomb, Sara A.; Parisi Damico, Danielle M.

**Merrell's strong start, Pre-K : a social & emotional learning curriculum**

Baltimore, MD : Paul H. Brookes Publishing, 2016.

*Subjects:* Social learning. Child development. Affective education. Education—Social aspects. Emotional intelligence.

*Summary:* Social-emotional competence is the foundation of school and social success. The *Strong Kids(TM)* series is the fun and easy way to help your students develop the social-emotional skills they need to manage their challenges and succeed in school and life.

370.1534 W581

Whitcomb, Sara A.; Parisi Damico, Danielle M.

**Merrell's strong start, Grades K-2 : a social & emotional learning curriculum**

Baltimore, MD: Paul H. Brookes Publishing, 2016.

*Subjects:* Child development. Social learning. Affective education. Education—Social aspects. Emotional intelligence.

*Summary:* Social-emotional competence is the foundation of school and social success. The *Strong Kids(TM)* series is the fun and easy way to help your students develop the social-emotional skills they need to manage their challenges and succeed in school and life.

371.1024 C344

Cassetta, Gianna; Sawyer, Brook

**Classroom management matters : the social-emotional learning approach children deserve**

Portsmouth, NH: Heinemann, 2015.

*Subjects:* Inclusive education. Classroom management—Social aspects.

*Summary:* The classroom management strategy shared in this book shifts you away from professionally draining rewards-and-consequences systems that threaten children rather than

connect with them. Instead of tips and techniques, the author presents a plan for explicitly teaching children how to be effective learners and accountable members of the classroom.

371.26 E42

Elias, Maurice J.; Ferrito, Joseph J.

**The other side of the report card : assessing students' social, emotional, and character development**

Thousand Oaks, CA: Corwin, 2016.

*Subjects:* Educational tests and measurements. Personality development—Evaluation.

*Summary:* Although parents and teachers spend more time in conferences talking about behavior than they do about rubrics and test scores, too many teachers are still guessing when it comes to using outdated behavior ratings and comments to describe the whole child. With this book, you'll take report cards to the next level, integrating social-emotional learning and character development into any grading system.

371.3943 M958

Mullen, Greg

**Creating a self-directed learning environment : standards-based and social-emotional learning**

Thousand Oaks, CA : Corwin, 2020.

*Subjects:* Constructivism (Education). Education—Standards. Self-managed learning.

*Summary:* Implementing new teaching practices can feel like juggling. This book shows you how to balance standards-based learning, social-emotional learning, and cognitive development and build realistic plans for success. With a flexible, three-tiered, visual framework designed for school-wide collaboration, it helps you build on your school's strengths and the potential of existing programs.

371.82694 P238

Parker, Don

**Building bridges : engaging students at risk through the power of relationships**

Bloomington, IN : Solution Tree Press, 2019.

*Subjects:* Affective education. Classroom management. Social skills in children—Study and teaching. Students with disabilities. Students with social disabilities. Teacher-student relationships.

*Summary:* Research shows that discipline problems are prevalent in schools and continue to be one of the greatest challenges in education. In this book, the author shows educators how to address this issue head-on. He shares an array of evidence-based strategies to build teacher-student relationships and create a welcoming learning environment that fosters student engagement, motivation, and achievement.

371.94 C784

Coplan, Robert J.; Rudasill, Kathleen Moritz

**Quiet at school : an educator's guide to shy children**

New York, NY: Teachers College Press, 2016.

*Subjects:* Children with social disabilities—Education. Bashfulness in children. Social interaction in children.

*Summary:* This book demystifies the latest research on shyness. It offers a comprehensive and accessible guide to everything teachers should know about shy children. Topics covered include how shyness develops in childhood, the unique challenges faced by shy children at school, and general strategies and specific techniques for improving shy children's social, emotional, and academic functioning at school. Despite an increase in research on shyness, shy children are still not well understood by teachers and other school personnel. This book offers research-based practices for creating safe and inclusive learning environments that will help shy students thrive.

371.94 K97

Kuypers, Leah M.

**The zones of regulation : a curriculum designed to foster self-regulation and emotional control**

Santa Clara, CA : Think Social Publishing, Inc., 2011.

*Subjects:* Behavior disorders in children. Children with disabilities—Education. Self-management (Psychology)—Study and teaching. Social skills—Study and teaching.

*Summary:* This curriculum's learning activities are presented in 18 lessons. To reinforce the concepts being taught, each lesson includes probing questions to discuss and instructions for one or more learning activities. Many lessons offer extension activities and ways to adapt the activity for individual student needs. The curriculum also includes worksheets, other handouts, and visuals to display and share. These can be photocopied from this book or printed from the accompanying USB drive.

371.95 F676

Fonseca, Christine

**I'm not just gifted. Grades 4-7 : social-emotional curriculum for guiding gifted children**

Waco, TX: Prufrock Press, Inc., 2015.

*Subjects:* Emotions in children—Study and teaching. Social skills in children—Study and teaching. Gifted children—Education.

*Summary:* This book includes ready-to-use lesson plans, worksheets, lists of resources, and more for easy teacher use.

372.1 K92

Kriete, Roxann; Davis, Carol

**The morning meeting book. K-8. Third edition**

Turner Falls, MA: Northeast Foundation for Children, Inc., 2014.

*Subjects:* Socialization—Study and teaching (Elementary). Interpersonal communication—Study and teaching (Elementary). Education, Elementary—Activity programs.

*Summary:* Promote a climate of trust, academic growth, and positive behavior by launching each school day with a whole class gathering. In the new 3rd edition of this essential text, you'll find: step-by-step, practical guidelines for planning and holding Responsive Classroom Morning Meetings in K-8 classrooms; descriptions of Morning Meeting in action in real classrooms; 100 ideas for greetings, sharing, activities, and messages: some tried-and-true and some new updated information on sharing; guidance on adapting meeting components for different ages and abilities, including upper grades and English Language Learners; and explanations of how Morning Meeting supports mastery of Common Core State Standards, 21st century skills, and

core competencies enumerated by the Collaborative for Academic, Social and Emotional Learning (CASEL).

372.11024 P484

Petersen, Katia

**Activities for building character and social-emotional learning. Grades 6-8**

Minneapolis, MN: Free Spirit, 2012.

*Subjects:* Moral education (Middle school). Classroom management. Learning, Psychology of. School environment. Affective education. Middle school education—Activity programs.

*Summary:* Each book in this series contains hundreds of lesson plans to help teachers build attitudes of respect and caring, reduce problem behaviours, empower students to solve problems, and educate the whole child socially, emotionally, and academically. The lessons' literature-based connections allow teachers to "build in" rather than "add on" social-emotional learning (SEL) as part of the daily curriculum.

372.21 B452

Beloglovsky, Miriam; Daly, Lisa

**Early learning theories made visible**

St. Paul, MN: Redleaf Press, 2015.

*Subjects:* Education—Philosophy. Child development. Early childhood education.

*Summary:* With classroom vignettes and photographs, this book makes the works of Jean Piaget, Erik Erikson, Lev Vygotsky, Abraham Maslow, John Dewey, Howard Gardner, and Louise Derman-Sparks visible, accessible, and easier to understand. Each theory is defined - through engaging stories and visuals - in relation to cognitive, social-emotional, and physical developmental domains.

372.21 C561

Church, Ellen Booth

**Getting to the heart of learning : social-emotional skills across the early childhood curriculum**

Lewisville, NC : Gryphon House, Inc., 2015.

*Subjects:* Early childhood education—Activity programs. Education—Social aspects. Emotional intelligence. Social learning.

*Summary:* This book weaves social emotional learning into activities that support math, science, literacy and motor skills. Rather than adding in activities throughout the day, these explorations integrate social emotional learning across the curriculum through group involvement and building community.

372.37 S644

Smith, Connie Jo.; Hendricks, Charlotte M.

**Growing, growing strong. 4, Social and emotional learning : a whole health curriculum for young children**

St. Paul, MN: Redleaf Press, 2014.

*Subjects:* Health education (Preschool). Health education (Primary). School children—Health and hygiene—Study and teaching. Curriculum planning.

*Summary:* Activities for age 3 to Kindergarten.

372.374 M995 OVERSIZE

**My social and emotional learning foundations. I get along with others [kit]**

New Rochelle, NY : Newmark Learning, 2016.

*Subjects:* Interpersonal relations in children. Reading (Primary). Social interaction in children.

*Summary:* MySELF (Social Emotional Learning Foundations) helps children build social and emotional intelligence and literacy skills through shared reading of engaging texts that prompt discussions about real-world experiences. Child-centered themes support social and emotional growth, address Common Core Foundational Reading Skills Standards, and integrate family involvement with classroom instruction. Stories are written from the first person perspective and center around a diverse group of relatable children. Real-world photos, high-quality illustrations, and delightful narrators aid in teaching social and emotional skills without a heavy-handed approach. Contents: Titles: *Thanks for sharing, Tommy — I can be kind — I show respect — That's not fair! — Charlie is responsible — Be honest, Jess.* Grades: PreK, K, 1.

372.374 W776

Winner, Michelle Garcia; Murphy, Linda K.

**Social thinking and me [kit]**

Santa Clara, CA : Social Thinking Publishing, 2016.

*Subjects:* Social interaction in children—Study and teaching. Social skills in children—Study and teaching. Social skills—Study and teaching.

*Summary:* Contents: Book 1. *Kids' guidebook to social emotional learning* — Book 2. *Thinksheets for social emotional learning.*

372.86 A547

Anderson, Leigh; Glover, Donald R.

**Building character, community, and a growth mindset in physical education : activities that promote learning and emotional and social development**

Champaign, IL: Human Kinetics, 2017.

*Subjects:* Physical education for children. Physical education and training—Activity programs. Moral education (Elementary). Social learning.

*Summary:* This book offers more than 60 large-group warm-up activities, character-building activities, and team-building challenges. The book, which comes with a web resource, will help you prepare students for success in college and beyond.

615.85154 F263

Faulkner, Simon

**Rhythmn to recovery : a practical guide to using rhythmic music, voice and movement for social and emotional development**

London, England : Jessica Kingsley Publishers, 2017.

*Subjects:* Music therapy. Drum circles. Socialization.

*Summary:* Learn how to utilise rhythm and reflection in both therapeutic and educational settings with this practical guide. This book presents a model of practice with a proven track record for social and emotional development, with examples of fun, interactive rhythmic exercises to use with both individuals and groups.

618.92852 H736

Holland, Melissa L.; Malmberg, Jessica; Gimpel Peacock, Gretchen

**Emotional and behavioral problems of young children : effective interventions in the preschool and kindergarten years**

New York, NY: Guilford Press, 2017.

*Subjects:* Kindergarten. Adjustment disorders in children. Preschool children—Mental health.

*Summary:* This book addresses the most frequently encountered emotional and behavioral problems in 3- to 6-year-olds. Strategies for collaborating with parents are emphasized.

Practitioners are taken step by step through assessing and treating conduct problems, anxiety and other internalizing problems, and everyday concerns involving toileting, eating, and sleep. User-friendly features include 36 reproducible parent handouts, assessment forms, and other clinical tools.

649.5 M224

Mainstone-Cotton, Sonia

**Promoting young children's emotional health and wellbeing : a practical guide for professionals and parents**

London, England: Jessica Kingsley Publishers, 2017.

*Subjects:* Emotional intelligence. Play therapy. Child development. Child psychology.

*Summary:* Positive wellbeing in a child's earliest years is known to influence their future development. This clear, informative book offers practical suggestions for those working with children aged 0 - 5, including games and activities designed to promote children's emotional health.

782.42083 R539

Ricketts, Amadee

**Gentle hands and other sing-along songs for social-emotional learning**

Minneapolis, MN : Free Spirit Publishing, 2018.

*Subjects:* Children's songs—Pictorial works—Texts. Children's songs.

*Summary:* Shake up your story time with these twelve sing-along songs based on classic tunes kids already know and love. This beautifully illustrated songbook teaches important social-emotional skills for everyday life. Favorite songs like "Frère Jacques" and "B-I-N-G-O" get turned on their heads with new, easy-to-remember lyrics offering lessons on how to manage anger, asking for help, what to do when you're afraid, being a good friend, when to use a quiet voice, and many others. Digital content includes downloadable sheet music for all songs.