STEWART RESOURCES CENTRE

New Arrivals

May 2019

Stewart Resources Centre

Saskatchewan Teachers’ Federation
2317 Arlington Avenue, Saskatoon, SK  S7J 2H8
Telephone: 306-373-1660    Email: src@stf.sk.ca
155.24 D486
Deutschman, Alan
*Change or die : the three keys to change at work and in life*
*Subjects:* Adaptability (Psychology). Change (Psychology).
*Summary:* This book deconstructs and debunks age-old myths about change and empowers us with three critical keys—relate, repeat, and reframe—to help us make important positive changes in our lives. Explaining breakthrough research and progressive ideas from a wide selection of leaders in medicine, science, and business, the author demonstrates how anyone can achieve lasting, revolutionary changes that are positive, attainable, and absolutely vital.

201.3 B854
Briggs, Korwin
*Gods and heroes : mythology around the world*
*Summary:* Featuring more than 70 characters from 23 cultures around the world, this A-to-Z encyclopedia of mythology is a who's who of powerful gods and goddesses, warriors and kings, enchanted creatures and earthshaking giants whose stories have been passed down since the beginning of time.

201.3 M827
Moraes, Thiago de
*Myth atlas : maps and monsters, heroes and gods from twelve mythological worlds*
*Summary:* This book presents twelve mythological worlds full of an array of gods, monsters, heroes, tricksters, and fantastical beasts.

282.71 A547
Anderson, Kevin P.
*Not quite us : anti-Catholic thought in English Canada since 1900*
*Summary:* Analyzing the connection between anti-Catholicism and national identity in English Canada, this book examines the consistency of anti-Catholic tropes in the public and private discourses of intellectuals, politicians, and clergymen. The author shows that over time, as these ideas were dispersed through editorials, cartoons, correspondence, literature, and lectures, they intimately influenced Canadians' perceptions of themselves and their connection to Britain, the ethno-religious composition of the nation, the place of religion in public life, and national unity.
Anti-Catholicism helped shape what it means to be "Canadian" in the twentieth century. This book documents how equating Protestantism with democracy and individualism permeated ideas of national identity and continues to define Canada into the twenty-first century.

302.3 R239
Rau, Ted J.; Koch-Gonzalez, Jerry
**Many voices one song : shared power with sociocracy**
Amherst, MA : Sociocracy For All, 2018.
*Subjects*: Consensus (Social sciences). Cooperation. Decision making. Institutional cooperation. *Summary*: This resource is a detailed manual for implementing sociocracy, an egalitarian form of governance also known as dynamic governance. Sociocracy means governance by those who associate together. This book is based on the Sociocratic Circle-Organization Method (SCM) developed in the Netherlands by electrical engineer Gerard Endenburg, based on earlier work of educator Kees Boeke. It includes step-by-step descriptions for structuring organizations, making decisions, and generating feedback. The content is illustrated by many diagrams, tables, examples, lists, skits, and stories from the field.

306.45 G882
Neidhardt, Joe
**Groundswell : Indigenous knowledge and a call to action for climate change**
*Subjects*: Climate change mitigation. Climate change—Environmental aspects. Indigenous Peoples in Canada. Traditional ecological knowledge. *Summary*: This book is a collection of stirring and passionate essays from both Indigenous and non-Indigenous writers that, together, present a compelling message about how traditional Indigenous knowledge and practices can—and must be—used to address climate change. The chapters eloquently interconnect, taking us from radical thinking to the gentleness of breath, demonstrating that we are all in this together, that we must understand what needs to be accomplished and participate in the care of Mother Earth.

306.768 S627
Skelton, J. Wallace
**Transphobia : deal with it and be a gender transcender**
*Subjects*: Gender nonconformity—Juvenile literature. Transgender people—Identity—Juvenile literature. Transphobia—Prevention—Juvenile literature. *Summary*: This book will help you deal with transphobia whether you’re the target, the transphobic person or the witness.

323.44 M161
McLaughlin, Danielle S.
**Freedom of expression : deal with it before you are censored**
342.71 R335
Régimbald, Guy; Newman, Dwight
The law of the Canadian Constitution, Second edition. Student edition
Subjects: Constitutional law—Canada.

344.710189 S272
Saxe, Stewart D.; McLean, Brian
Collective agreement handbook: a guide for employers and employees. Third edition
Subjects: Collective labor agreements—Canada.
Summary: This book is an introduction to the standard provisions of Canadian collective agreements. It should help everyone who is called on, either in the daily administration of the employment relationship or as a member of a team negotiating the renewal of a collective agreement, to understand the usual meaning given to the common provisions.

349.03 G458
Gifis, Steven H.
Barron's dictionary of legal terms: definitions and explanations for non-lawyers. Fifth edition
Subjects: Law—Dictionaries. Law—United States—Dictionaries
Summary: This book provides basic definitions of thousands of the most common legal terms. It is meant for both laymen and legal specialists.

363.25 S128
Saferstein, Richard
Basic laboratory exercises for forensic science: an introduction. Third edition
Summary: This resource contains 19 laboratory exercises for forensic science.

363.25 S128
Saferstein, Richard
Criminalistics: an introduction to forensic science. Twelfth edition
Summary: This book uses clear writing, case stories, and modern technology to capture the pulse and fervor of forensic science investigations. Written for readers with no scientific background, only the most relevant scientific and technological concepts are presented. The nature of physical evidence is defined, and the limitations that technology and current knowledge impose on its individualization and characterization are examined. A major portion of the text centers on discussions of the common items of physical evidence encountered at crime scenes. Particular
attention is paid to the meaning and role of probability in interpreting the evidential significance of scientifically evaluated evidence. Updated throughout, this twelfth edition includes a new chapter on the exciting field of forensic biometrics.

370.1523 M175
McTighe, Jay; Willis, Judy
**Upgrade your teaching : understanding by design meets neuroscience**
*Summary*: How can educators leverage neuroscience research about how the human brain learns? How can we use this information to improve curriculum, instruction, and assessment so our students achieve deep learning and understanding in all subject areas? This book answers these questions by merging insights from neuroscience with Understanding by Design (UbD), the framework used by thousands of educators to craft units of instruction and authentic assessments that emphasize understanding rather than recall.

370.711 D732
Dougherty, Craig; Reason, Casey
**Inside PLCs at work: your guided tour through one district’s successes, challenges, and celebrations**
*Subjects*: Educational change—Wyoming—Sheridan County. Educational change. Professional learning communities—Wyoming—Sheridan County. Professional learning communities. School improvement programs—Wyoming—Sheridan County. School improvement programs. *Summary*: This resource takes readers on a journey to Sheridan County School District 2, a district in Wyoming that has built a professional learning community (PLC) to great success. Using Sheridan as a real-world example, the authors help educators develop a deep, nuanced understanding of the PLC at Work® model and how PLCs work, preparing them in successfully implementing the PLC process in their own schools.

370.711 S271
Sawyer, Isabel; Stukey, Marisa Ramirez
**Professional learning redefined : an evidence-based guide**
*Subjects*: Professional learning communities. Teachers—In-service training. Teachers—Professional relationships. *Summary*: Full of protocols, vignettes, and case studies, this book dissects elements of professional learning, like coherence, connections, and content, and examines each through an evidence-based lens. Destined to become a go-to resource for anyone in a teacher-support role, this book analyzes research from the past 25 years on what makes professional learning work.

370.78 D637 2018
Sysing, Mel; Kasun, Dustin
**Papal encyclical Laudato si’ and critical pedagogy of place : Catholic school teachers enacting Papal encyclical Laudato si’**
Saskatoon, SK: Dr. Stirling McDowell Foundation, 2018.
Summary: Project #271; February 2018.

371.1 N532
Christensen, Linda (Ed.)
The new teacher book: finding purpose, balance, and hope during your first years in the classroom. Third edition
Subjects: Effective teaching. First year teachers—In-service training—Handbooks, manuals, etc. First year teachers. Teaching.
Summary: This book will help new teachers, from kindergarten through high school, sustain the passion and ideals that led them to teaching, and channel that energy into the day-to-day reality of working in a school.

371.102 C832
Corwin on-your-feet guides
Summary: On-Your-Feet Guides (OYFGs) provide you with the ultimate “cheat sheet” to implement effective change in your classroom while in the moment of teaching. Designed for accessibility, and providing step-by-step guidance, the OYFGs are written by experts who take research-based practices and make them doable for the busy teacher. Each On-Your-Feet Guide is laminated, 8.5”x11” tri-fold (6 pages), and 3-hole punched. Contents: Titles: The formative 5: everyday assessment techniques for every math classroom — Orchestrating mathematics discussions: the five practices in practice — Partner talk.

371.102 M631
Mielke, Chase
The burnout cure: learning to love teaching again
Summary: Often lighthearted, yet thoroughly grounded in research on social-emotional learning and positive psychology, this book explains how shifts in awareness, attitudes, and actions can be transformational for you and for your students. The book describes specific steps related to mindfulness, empathy, gratitude, and altruism that you can use on your own and with students via classroom lessons and activities. Equipped with these tools, teachers can be their best, so they can give their best to the learners in their care.

371.102 S934
Stumpenhorst, Josh
Drawn to teach: an illustrated guide to transforming your teaching
Place of publication: IMPress, 2019.
Summary: In this book, the author highlights the core values of great teaching. In this clever and fun-to-read illustrated guide, he reveals the key characteristics all top educators share in common. It's about connecting with students and empowering them to own their learning.

371.2 M952
Muhammed, Anthony
Time for change : 4 essential skills for transformational school and district leaders

371.2011 S529
Shapiro, Joan Poliner
Ethical leadership and decision making in education : applying theoretical perspectives to complex dilemmas. Fourth edition
Summary: In this fourth edition, this book continues to address the increasing interest in ethics and assists educational leaders with the complex dilemmas in today’s challenging and diverse society. Through discussion and analysis of real-life moral dilemmas that educational leaders face in their schools and communities, the authors demonstrate the application of the four ethical paradigms—the ethics of justice, care, critique, and profession.

371.33 R818
Rohshan, Stacey
Tech with heart : leveraging technology to empower student voice, ease anxiety and create compassionate classrooms
Summary: Using technology in the classroom isn’t just about automation. This book shows you how to use edtech tools to humanize modern learning and help all learners to thrive.

371.37 H217
Hamilton, Connie
Hacking questions : 11 answers that create a culture of inquiry in your classroom
Summary: Questions are the driving force of learning in classrooms. This book digs into framing, delivering, and maximizing questions in the classroom to keep students engaged in learning.
Goudvis, Anne; Harvey, Stephanie

**Inquiry illuminated: researcher’s workshop across the curriculum**
Portsmouth, NH: Heinemann, 2019.

*Subjects*: Inquiry-based learning.

*Summary*: The authors of this book shine a light on researcher's workshop, an approach whose true north emerges from kids' curiosity. Adapting structures you already know from reader's and writer's workshop, they share a predictable, proven, and, most importantly, authentic approach.

371.392 D288
Debs, Mira

**Diverse families, desirable schools: public Montessori in the era of school choice**


*Summary*: In this book, the author offers a detailed study of public Montessori schools, which make up the largest group of progressive schools in the public sector.

371.8297071 M643

Miles, James; Vamvalis, Maria

**What can I contribute to meaningful reconciliation?: teaching and learning about residential schools**


*Summary*: A unit for students in grade 6 that explores the causes and consequences of residential schools in Canada.

371.9 H591

Hettleman, Kalman R.

**Mislabeled as disabled: the educational abuse of struggling learners and how we can fight it**


*Summary*: The author exposes the tragic tale of the millions of schoolchildren who are "mislabeled as disabled" and dumped into special education where they never fully learn basic skills in reading, writing, and math. The majority of these students are not disabled in any medical or other clinical sense. Rather, in violation of federal law, they fail to receive proper instruction and fall farther behind, suffering stigma and segregation. The author not only cites in detail the better instruction that will enable students and teachers to succeed; he spells out the legislative and judicial civil rights that cry out for reform.

371.97 E58

**English First Peoples, grades 10-12. Teacher resource guide**

Summary: The First Nations Education Steering Committee (FNESC) has prepared this 2018 guide to provide support for the 2016-18 revision of British Columbia’s English First Peoples 10-12 curriculum. This guide amalgamates and replaces two previous FNESC resource guides: the English First Peoples 12 Teacher Resource Guide (2008) and the English First Peoples 10 and 11 Teacher Resource Guide (2010). It includes new material that reflects changes to the curriculum, more recently published First Peoples literature, and evolving educational practice. Printed from the internet.

372.21 C189
Campbell, Philippa H.; Milbourne, Suzanne A.
Cara's kit for toddlers : creating adaptations for routines and activities
Summary: To make sure all toddlers in your early childhood programme are participating, learning, and thriving, you need to master the art of choosing and using effective adaptations. Practical solutions are offered in this book, brimming with step-by-step ideas for adapting environments, activities, and materials for children 18 to 36 months.

372.21 G181
Galuski, Tracy; Bardsley, Mary Ellen
Open-ended art for young children
Subjects: Art—Study and teaching (Early childhood). Art—Study and teaching (Early childhood)—Activity programs.
Summary: Open-ended art is defined as art activity where children are free to use their imagination as they explore a variety of materials without a planned outcome. This book highlights why the field of early childhood education advocates for open-ended art and explains how to adapt to new ways of thinking about art.

372.218 M627
Middendorf, Cindy
Differentiating instruction in kindergarten
Summary: The author shares her strategies for creating a nurturing, choice-based learning environment where all learners thrive. Packed with research-based tips, model lessons, photos, and student samples, this guide shows how to teach the kindergarten curriculum in a way that engages varied learning styles and taps multiple intelligences. Middendorf also shares expert advice on how to establish an effective classroom management system that supports differentiated learning.
Bush, Sarah; Cook, Kristin L.
Step into STEAM. Grades K-5 : your standards-based action plan for deepening mathematics and science learning
Summary: Seamlessly design and implement K-5 STEAM inquiries that align carefully to key mathematics and science content and practices and prepare elementary students for their bright futures. Taking an opposite approach to existing resources that provide collections of disjointed STEAM activities, this book empowers teachers and schools to build cohesive and sustainable STEAM infrastructures—grounded in grade-level standards and purposeful assessment—to deepen the mathematics and science learning of each and every student.

372.35 L274
Lange, Alissa A.; Brenneman, Kimberly
Teaching STEM in the preschool classroom : exploring big ideas with 3-to-5-year-olds
Summary: Drawing from a professional development model that was developed with funding from the National Science Foundation, this book is an essential resource for anyone who wants to support preschool children to be STEM thinkers and doers. The text features research-based resources, examples of field-tested activities, and highlights from the classroom.

372.357 C556
Christopher, Kaci Rae
The school garden curriculum, an integrated K-8 guide for discovering science, ecology, and whole-systems thinking
Summary: This book provides an integrated K-8 framework and over 200 weekly lessons that weave science, permaculture, and environmental education into place-based, immersive learning. It’s for teachers aiming to blend science and life skills while inspiring environmental stewardship.

372.4 G339
Gentry, J. Richard; Ouellette, Gene P.
Brain words : how the science of reading informs teaching
Summary: With this book, you will learn how children's brains develop as they become readers and discover ways you can take concrete steps to promote this critical developmental passage.
Drama schemes, themes and dreams: how to plan, structure, and assess classroom strategies that engage all learners

Subjects: Active learning. Drama in education. Improvisation (Acting)—Study and teaching (Elementary). Improvisation (Acting)—Study and teaching (Middle school).
Summary: This book offers a host of sources for dramatic activity that include scripts, monologues, poetry, novel excerpts, and technology. These activities will enrich the meaning-making, creative process, and critical skills that students need to succeed both in school, and in life.

Dramathemes: classroom literacy that will excite, surprise, and stimulate learning. Fourth edition

Subjects: Drama in education. Drama—Study and teaching (Elementary). Language arts (Elementary).
Summary: This resource uses themes from a rich selection of well-known children's literature as springboards to drama exploration. In each of the 10 chapters, the "Drama and Literacy Extensions" section provides teachers with an array of ideas for establishing dramatic contexts and developing roles.

Teaching mathematics in the visible learning classroom. Grades 3-5

Subjects: Mathematics teachers—In-service training. Mathematics—Study and teaching (Elementary).
Summary: How do you generate that lightbulb "aha" moment of understanding for your students? This book helps to answer that question by showing visible learning strategies in action in high-impact mathematics classrooms. Walk in the shoes of teachers as they engage in the countless micro-decisions required to balance strategies, tasks, and assessments, demonstrating that it's not only what works, but when. A decision-making matrix and grade-leveled examples help you leverage the most effective teaching practices at the most effective time to meet the surface, deep, and transfer learning needs of every student.
The 5 practices in practice: successfully orchestrating mathematics discussions in your middle school classroom
Subjects: Mathematics—Study and teaching (Elementary). Mathematics—Study and teaching (Middle school). Middle school education.
Summary: Enhance your fluency in the five practices—anticipating, monitoring, selecting, sequencing, and connecting—to bring powerful discussions of mathematical concepts to life in your middle school classroom. This book unpacks the five practices for deeper understanding and empowers you to use each practice effectively.

398.208997 C126
Keepers of the animals: Native American stories and wildlife activities for children
Caduto, Michael J.; Bruchac, Joseph
Summary: These traditional Native American stories along with related activities show parents and teachers how to teach children the importance of wildlife in Native American traditions. As the stories unfold and the activities come to life, the importance of our connections to animals becomes apparent.

398.9 Z87
Zona, Guy A.
The soul would have no rainbow if the eyes had no tears, and other Native American proverbs
Subjects: Indian proverbs.
Summary: This treasury of First Nations proverbs offers wisdom, advice and observations. Assembled through research, these sayings have been passed from generation to generation and encompass the values of American First Nations people. Each proverb lists the nation of origin. This learning resource illustrates how language provides the foundation for all learning.
Notes: English language arts grade 9 (2009).

418.0071 S689
Solski, Lisa
Vocabulary development for ESL students. Advanced level
Summary: This workbook teaches Advanced Level ESL students 150 common words to increase conversation, comprehension, and writing. Simple strategies incorporate new vocabulary into everyday life situations.

418.0071 S689
Solski, Lisa
Vocabulary development for ESL students. Beginner
Summary: This workbook uses simple strategies to teach Beginner Level ESL students 240 everyday words and incorporate them into daily situations.

418.0071 S689
Solski, Lisa
Vocabulary development for ESL students. Intermediate level
Summary: This workbook teaches Intermediate Level ESL students 150 common words to improve conversation, comprehension and writing. Simple strategies incorporate new vocabulary into everyday life situations.

428.00712 B959
Burke, Jim
50 essential lessons. Grades 9-12 [kit]
Subjects: Language arts (Secondary).
Summary: The author has developed 50 lessons to teach students cognitive skills and strategies that are needed for success. The book includes lessons on reading, writing, speaking, listening, taking notes, taking tests and managing oneself by using a planner, setting goals, reaching goals, study traits and monitoring academic performance. The lessons can be used with students of all levels. Each lesson indicates the core learning that the lesson emphasizes, the instructional activities, ways to frame the lessons within the English language arts curriculum, the resources required for the lesson, the instructional narrative and ways to support students who require extra additional support or enrichment. A companion resource is Tools & Texts for 50 Essential Lessons, which has over 90 teaching tools to support the book. The visuals in the print text and on CD-ROM support the lessons in the book. Contents: Titles: 50 essential lessons : tools and techniques for teaching English language arts — Tools & texts for 50 essential lessons (CD-ROM in front cover).

428.00712 N919
Nottingham, Jill; Nottingham, James
Learning challenge lessons, secondary English language arts : 20 lessons to guide students through the learning pit
Subjects: Curriculum planning. Language arts (Secondary)—Activity programs. Reading comprehension—Study and teaching (Secondary)—Activity programs.
Summary: This book shares a range of excellent lesson ideas to help you guide your students through the Learning Pit. Here you will find guidance for setting up and running lessons around topics as thought-provoking as exploration, language, fairness, time, and friendship. Each lesson
has a set of resources to use with your students as well as recommended activities to make progress from first thoughts to deep understanding.

428.6 W555  
**What we do in our community**  
*Summary*: This book describes different activities children do in an Arctic community.

500 A548  
Butler, April; Clarey, Andrew  
**Nova Scotia science 10. Teacher's resource CD-ROM [CD]**  
*Subjects*: Science—Study and teaching (Secondary). Teaching—Aids and devices.  
*Summary*: This resource includes blackline masters.

507.12 J78  
Jones, M. Gail; Corin, Elysa  
**Discovery engineering in physical science : case studies for grades 6-12**  
*Subjects*: Discoveries in science—Study and teaching (Elementary)—Activity programs. Discoveries in science—Study and teaching (Middle school)—Activity programs. Discoveries in science—Study and teaching (Secondary)—Activity programs. Engineering—Study and teaching (Elementary)—Activity programs. Engineering—Study and teaching (Middle school)—Activity programs. Engineering—Study and teaching (Secondary)—Activity programs. Science—Study and teaching (Elementary)—Activity programs. Science—Study and teaching (Middle school)—Activity programs. Science—Study and teaching (Secondary)—Activity programs.  
*Summary*: The case studies in this new resource are a lively way to integrate engineering into your physical science classes. Middle and high school students will learn to understand fundamental science processes while trying out their own ideas for unexpected applications. Each of the book's 22 investigations starts with a real case of accidental inspiration that students explore through primary documents or historical accounts. Then it's time for the students to become the innovators. They're tasked to do research, examine data and physical materials, and use their own creativity to design new products or problem-solving applications. The investigations are easy to implement and flexible enough to use in part or as a whole. Students will learn one or more science concepts as they're exposed to background on the unpredictable nature of science.

510 M433  
Angst, Cheryl  
**Mathworks 12**  
*Subjects*: Mathematics—Study and teaching (Secondary).  
No more math fact frenzy
Portsmouth, NH : Heinemann, 20119.
Subjects: Mathematics—Study and teaching.
Summary: The authors outline three phases for helping students master their math facts: 1) building foundational concepts and strategies; 2) learning more efficient reasoning strategies; and 3) meaningful, ongoing practice leading to full fact fluency.

Mathematics for apprenticeship and workplace 12
Subjects: Mathematics—Problems, exercises, etc. Mathematics—Study and teaching (Secondary).
Summary: This resource supports 100% of the outcomes in the Common Curriculum Framework for Grades 10-12 Mathematics, Western and Northern Canadian Protocol (WNCP), Apprenticeship and Workplace Mathematics. It includes instructions, examples, practice and reflecting questions, and a glossary.

Shedding light on motion. Episode 7, Newton's second law [DVD]
Summary: In episode seven of the Shedding Light on Motion series, we answer the most important question that has ever been asked: we look at the so simple and yet so powerful equation \( F = ma \). Newton’s Second Law tells us how to calculate the amount of force required to accelerate something by a given amount.

Shedding light on motion. Episode 8, Newton's third law : for every action there is an equal and opposite reaction [DVD]
Summary: In Newton’s Third Law, we look at that most poetic of all Laws: For every action there is an equal and opposite reaction. How does a rocket engine work? Why do guns recoil when they’re fired? How do our muscles work? What propels us when we’re swimming? And how exactly is gravity a two-way interaction? All these questions, and many more, will be answered in this excellent program.

Shedding light on motion. Episode 5, Graphic free fall : the motion of objects [DVD]
Summary: In episode five of the Shedding Light on Motion series, we continue looking at graphs
but pay particular attention to how graphs help us to understand the motion of objects that are either falling straight down or have been launched vertically upwards into the air.

531.112 S541

**Shedding light on motion. Episode 1, Speed: measuring an object’s speed and the concept of velocity [DVD]**
*Subjects:* Educational films. Motion. Physics. Speed.
*Summary:* This video introduces students to the concept that speed is a measure of how far something travels in a given amount of time, looks at how speed varies in a sprint, explains the concept of velocity, and demonstrates a number of ways of measuring an object's speed.

531.112 S541

**Shedding light on motion. Episode 2, Acceleration: the rate of change of velocity [DVD]**
*Summary:* This video introduces students to the concept that acceleration is a measure of how quickly something changes its speed. We join James Bond as he falls out of an aeroplane without a parachute, splash into the water at 50.4 km/hr with presenter Spiro Liacos, and watch on helplessly as a truck runs off an unfinished bridge and explodes in a massive fireball.

599.938 E93

*Subjects:* Human evolution. Paleoanthropology.
*Summary:* This book has been fully updated to include the latest discoveries and research, including the newly discovered species Homo naledi, and presents the latest thinking on some of the most captivating questions in science, such as whether modern humans and Neanderthals interacted with each other. Written and authenticated by a team of acknowledged experts and illustrated by renowned Dutch paleoartists the Kennis brothers, this book presents the story of our species with unique richness, authority, and detail.

610.7343 N428

Nelson, Odile

**Moe and Malaya visit the nurse**
*Summary:* Moe plans to play with his friend, Malaya, on their day off from school, but discovers that she and her father are on the way to the community clinic for a check-up after Malaya's recent illness. Moe asks if he can go along. After the children visit the clinic in their northern community and find out more about what it's like to be a nurse, they both decide they might make good nurses someday. The text of this book is written in English and Inuktitut.
We're just talking! : for boys and girls [DVD]
Summary: While listening to a popular teen radio show entitled "Let's Just Talk!," two groups of friends learn much about puberty. The show addresses male and female physical development, hormones and the reproductive systems. It especially emphasizes physical and emotional health, including the benefits of exercise and good nutrition. A short teacher's guide is available.

Guidelines on physical activity, sedentary behaviours and sleep for children under 5 years of age
Subjects: Children—Health and hygiene.
Summary: These guidelines provide recommendations on the optimum levels of physical activity, sedentary behaviour and sleep for infants and young children, based on a review of the latest evidence. The guidelines are intended to inform professionals who work with caregivers and to assist policy makers who want to develop national health promotion plans or define critical elements of childcare services. Physical inactivity has been identified as a leading risk factor for mortality and morbidity and these guidelines advocate for less time spent watching screens or being restrained in prams and seats and for more time spent on active play and quality sleep.

Couples therapy for treating trauma : the Gottman Method approach [DVD]
Summary: Trauma treatments have largely ignored the interpersonal symptoms of PTSD. But whether caused by early abandonment, childhood abuse, military combat, or other traumatic experiences, the impact of trauma on committed relationships is commonly encountered in everyday practice. Watch John and Julie Gottman and discover therapy that interweaves individual PTSD treatment with the interpersonal orientation of Gottman Method Couples Therapy. Explore the negative ways that PTSD can enter a couple’s relationship and determine the best intervention for your couples with PTSD.

Trauma, attachment and neuroscience : brain, mind & body in the healing of trauma [DVD]
Summary: This special program represents current research findings about how people’s brains, minds and bodies are affected by traumatic experiences and illustrate the principles of post-
traumatic therapy. Effective treatment of post-traumatic problems needs to include addressing the imprint of trauma on the physical experience of the self as being helpless and in danger. Recovery needs to incorporate dealing with defensive efforts that helped ensure survival, incorporate physical experiences that contradict feelings and sensations associated with helplessness and disconnection.

616.8527 W414
Wehenberg, Margaret
Disrupting rumination: changing the cognitions that underlie anxiety and depression [DVD]
Summary: Overactive brain circuitry can trap clients in cycles of rumination that can keep them anxious and depressed. Letting go of ruminating worries, or banishing persistent thoughts, like “I’m not good enough” or “I’m worthless”, isn’t easy for clients. When ruminations don’t shift, therapists can begin to feel stuck themselves. This DVD will examine why clients lock into depressive thought patterns and why they feel they need to hold on to worry. You will learn practical interventions to use in-session for eliminating these patterns and replacing them with attitudes of calm and competency.

616.858223 F534
Fisher, Janina
Shame and self-loathing in the treatment of trauma [DVD]
Summary: Shame often prevents your traumatized clients’ recovery and hampers their ability to find relief and perspective despite effective treatment. Feelings of worthlessness and inadequacy interfere with taking in positive experiences, leaving only hopelessness. Don’t miss this opportunity to learn effective experiential exercises drawn from Sensorimotor Psychotherapy, from internationally renowned trauma professional Janina Fisher, Ph.D. She will show you how to help clients relate to their symptoms with mindful dual awareness and curiosity rather than automatic acceptance. If you are frustrated with the lack of treatment success in your traumatized clients, this recording will provide the solutions for long-term healing.

616.8914 C855
Pedersen, Paul B. (Ed.)
Counseling across cultures. Seventh edition
Subjects: Cross-cultural counseling. Psychiatry, Transcultural.
Summary: Offering a primary focus on North American cultural and ethnic diversity while addressing global questions and issues, this edition draws on the expertise of 48 invited contributors to examine the cultural context of accurate assessment and appropriate interventions in counseling diverse clients. The book’s chapters highlight work with African Americans, Asian Americans, Latinos/as, American Indians, refugees, individuals in marginalized situations,
international students, those with widely varying religious beliefs, and many others. Edited by pioneers in multicultural counseling, this volume articulates the positive contributions that can be achieved when multicultural awareness is incorporated into the training of counselors.

638.1 R611
Ritchie, Scot
**Follow that bee! : a first book of bees in the city**
*Summary*: This playful book mixes narration, facts and appealing illustrations to introduce young children to why the world needs bees, and how people can help them thrive. It’s part of the critically acclaimed *Exploring Our Community* series, which features the same five culturally diverse characters throughout. Comprehensive yet entertaining, this book encourages children to look more closely at the natural world around them, including cities, and raises their awareness about how each person can do something to help the environment. It aligns perfectly with the early science curriculum, particularly sustainability and stewardship, and understanding life systems. To round out the information in the story a full bee illustration identifies parts, a glossary is included, and two activities can be done at home or in school.

658.31424 W628
**Who would you promote? [DVD]**
*Summary*: The human resources director at Industry Direct has been assigned the task of filling the position of sales team leader. This person is responsible for the efficient operation of a sales team of 15 to 20 customer service representatives. Six candidates will be interviewed from the current sales team and your students will decide who should be promoted.

658.4062 L212
Laloux, Frédéric
**Reinventing organizations : an illustrated invitation to join the conversation of next-stage organizations**
*Summary*: This book resonates widely, but not everyone has time to devote to a dense 360-page management book. This illustrated version conveys the main ideas of the original book and shares many of its real-life stories in a lively, engaging way. Welcome to the conversation on next-stage organization.

658.4092 D847
Dudley, Drew
**This is day one : a practical guide to leadership that matters**

Subjects: Leadership. Transformational leadership.

Summary: If you're intimidated by the mystique surrounding leadership, this book is for you. The author simplifies leadership without denying its complexity, demonstrating that leadership in all its forms begins at the same clear and accessible place for everyone: what he calls "Day One." Day One is when you discover, define, and start to deliver consistently on your foundational leadership values. Living that day over and over is what creates leaders, and Dudley provides the key tools necessary to craft and commit to your own personal Day One. Sharing the process that led him through battles with alcohol, obesity, and personal tragedy, the author shows you how to develop a relentless commitment to the daily behaviors that will make you a better executive, coach, or teacher, and how you can inspire others to do the same.

709.2 C618
Claxton, Dana

fringing the cube


Summary: Known for her expansive multidisciplinary approach to art making Vancouver-based Dana Claxton, who is Hunkpapa Lakota (Sioux), has investigated notions of Indigenous identity, beauty, gender and the body, as well as broader social and political issues through a practice which encompasses photography, film, video and performance. Rooted in contemporary art strategies, her practice critiques the representations of Indigenous people that circulate in art, literature and popular culture in general. In doing so, Claxton regularly combines Lakota traditions with "Western" influences, using a powerful and emotive "mix, meld and mash" approach to address the oppressive legacies of colonialism and to articulate Indigenous world views, histories and spirituality.

709.73 A784

Art21, art in the twenty-first century. Season nine. Widescreen [edition] [DVD]


Summary: This DVD profiles twelve contemporary artists from three urban centers: Berlin, Johannesburg, and the San Francisco Bay Area.

781.6297323071 w572
Whidden, Lynn

Essential song : three decades of Northern Cree music

Summary: This book is a study of subarctic Cree hunting songs, the first detailed ethnomusicology of the northern Cree of Quebec and Manitoba. The result of more than two decades spent in the North learning from the Cree, the author’s account discusses the tradition of the hunting songs, their meanings and origins, and their importance to the hunt. She also examines women’s songs, and traces the impact of social change, including the introduction of hymns, Gospel tunes, and country music, on the song traditions of these communities.

796.09252 I72
Irwin, Sue
Breaking through : heroes in Canadian women's sport
Summary: This book highlights the achievements of Canadian women sports stars – the role models of today's young female athletes. They fought for the right to compete in sports traditionally dominated by men and proved that women's sports are just as competitive and exciting to watch as men's. Spanning decades, this book focuses on seven sports and the women who made them their own, including well-known legends such as soccer player Christine Sinclair, who brought women's soccer in Canada into the limelight, and hockey player Hayley Wickenheiser, the longest-serving member of Canada's National team and five-time Olympic medalist. Readers will also see basketball, bobsleigh and rugby represented and learn the stories of less well-known athletes such as Indigenous Cross-country skiers Sharon Anne and Shirley Firth, who faced prejudice, and Carol Hunyh, who brought home Canada's first Olympic gold medal in women's wrestling.

796.3578 I59
Inside softball practice. Vol. 1. [DVD]
Summary: Get an inside look at a Division I college softball practice with Oklahoma State University Head Coach Kenny Gajewski. This comprehensive practice session covers a multitude of skill and team building activities that could make the core of several practices. Among the numerous skills and drills covered are: Outfield Everyday Drills, Ground Ball Drills, Hitting to Fielders and Making Throws, Infield Drills and Catching Drills. This DVD is an exceptional resource for softball coaches or players at any level of competition.

796.522 B762
Boukreev, Anatoli; DeWalt, G. Weston
The climb : tragic ambitions on Everest
Summary: This is the story of the rescue on May 10, 1996. Climbers became disoriented in a vicious storm, and when the group ran out of oxygen, it complicated the situation. A Russian mountaineer, Anatoli Boukreev, climbed without oxygen and saved six of his fellow climbers.
during the height of the storm. This book provides the transcripts and debriefing after the tragedy as well as another viewpoint to Jon Krakauer's *Into Thin Air* and Jamling Norgay's *Touching My Father's Soul*.

*Notes*: English language arts grade 9 (2009).

808.1 V372
Vaughn, Kyle

**Lightning paths : 75 poetry writing exercises**

*Subjects*: English language—Composition and exercises. Poetry—Authorship—Problems, exercises, etc. Poetry—Study and teaching.

*Summary*: Each poem type includes an introduction explaining the exercise's goal, detailed instructions, and a student example. The 75 activities are divided into three sections: exercises that focus on different types of imagery and ways to generate fresh imagery; exercises born out of unusual prompts and ideas that engage a writer's experiences in the real world; and exercises related to what form might look like or how it might function.

813.54 C978
Curtis, Gavin

**The bat boy and his violin**


*Summary*: Reginald is more interested in practicing his violin than in his father's job managing the worst team in the Negro Leagues, but when Papa makes him the bat boy and his music begins to lead the team to victory, Papa realizes the value of his son's passion.

813.6 D251
Davids, Stacy B.

**Annie’s plaid shirt**


*Summary*: Annie loves her plaid shirt and wears it everywhere. But one day her mom tells Annie that she must wear a dress to her uncle's wedding. Annie protests, but her mom insists and buys her a fancy new dress anyway. Annie is miserable. She feels weird in dresses. Why can't her mom understand? Then Annie has an idea. But will her mom agree?

813.6 H178
Hall, Michael

**Red. A crayon's story : as told by me!**


*Summary*: Red's factory-applied label clearly says that he is red, but despite the best efforts of his teacher, fellow crayons and art supplies, and family members, he cannot seem to do anything right until a new friend offers a fresh perspective.
Paperny, Myra

**The greenies**


*Summary*: Danny survives the Buchenwald concentration camp but loses his entire family. Lilli is an Auschwitz survivor who saw her mother and younger sister sent to their deaths and was separated from her other sister by the refugee process. She hopes for a new life in Canada, but has bad experiences with foster families. Marilyn is a Canadian girl who goes to school with the newcomers and gradually comes to understand the adversities that shape their lives and influence their reactions to Canadian life.

*Notes*: English language arts grade 9 (2009).

**History of the world map by map**


**Métis pioneers : Marie Rose Delorme Smith and Isabella Clark Hardisty Lougheed**


*Summary*: This book compares the survival strategies of two Métis women born during the fur trade. A compelling tale of two women's acts of silent resistance in the final days of the British Empire.

**The homesteaders**


*Summary*: With stunning photographs and accounts in the homesteaders' own words, this book brings to life the hopes, dreams, and toil of settlers who broke ground on the prairies.

**En jouant avec les blocs de construction, l'enfant construit son monde. 2e édition**


Hughes, Vi

**Un nouveau bec [kit]**
Markham, ON : Éditions Scholastic, 2009.


*Summary:* Cette trousse pour la lecture guidée est au niveau H. Elle comprend six copies du livre et un plan d'enseignement. Ce récit raconte la véritable histoire d’un pygargue blessé qui reçoit l’aide et les soins de nombreuses personnes, dont un dentiste. L'activité décrite dans le plan d'enseignement permet de travailler des stratégies de compréhension (analyser et évaluer).


FR 813.6 B752
Bouchard, David

**Le journal d'Étienne Mercier : Iles de la Reine-Charlotte, 1853**


*Summary:* Il est 1853 et Étienne Mercier, voyageur et artiste peintre canadien français, retourne aux îles de la Reine-Charlotte à la demande de son employeur, afin d’y documenter ses voyages au cœur des territoires haïdas. David Bouchard nous offre un aperçu singulier des découvertes et épreuves d’un voyageur ordinaire: un récit ponctué de chansons folkloriques canadiennes, relaté par Mercier dans son joual natif d’autrefois. Cette œuvre vibrante, qui s’agrémente des illustrations évocatrices de Gordon Miller, dépeint franchement la vie des Premières Nations et des colons avant l’entrée de la Colombie-Britannique dans la future Confédération canadienne. Traduction de : *Journal of Etienne Mercier*.

FR 841.912 E51
Éluard, Paul

**Courage et autres poèmes**


*Summary:* Les trois poèmes courage, de notre temps, et un sourire rassemblés ici prennent un vrai sens de projet de société! Des choix éditoriaux engagés comme on les aime et un recueil qui devrait ravir plus d'un enseignant.

FR 841.914 C421
Césaire, Aimé

**Chanson de l'hippocampe et autres poèmes**


*Summary:* Extraits de poésies autour de la nature, d'Aimé Césaire.

FR 841.92 C788
Coran, Pierre
Chats rimés : poèmes pour ronronner
Summary: 22 poèmes avec des jeux de mots qui roulent sur la langue, des rimes et une rythmique percutante, douce et évidente. Un joyeux catalogue de félins : chats de salons, chats de gouttière, chat gourmands et en peluche… mais aussi quelques souris et rats!
FR 841.92 R575
Rimbaud, Arthur
Ma bohème et autres poèmes
Summary: Les plus beaux poèmes de l'adolescence de Rimbaud.