



TEACHERS'
BENEFITS

STF PENSION AND GROUP BENEFIT PLANS

SASKATCHEWAN TEACHERS' FEDERATION

2317 Arlington Avenue, Saskatoon SK S7J 2H8

Monday-Friday: 8:30 a.m.-5 p.m. www.stf.sk.ca

Log in to MySTF to access personal STF benefits information

MEMBERS' HEALTH PLAN

Group Plan # 51585

Member ID # _____
(On your health benefit card or in MySTF.)

Saskatchewan Teachers' Federation
For general inquiries or changes
to personal information:

T: 1-800-667-7762;
306-373-1660

F: 306-374-1122

E: health@stf.sk.ca

www.stf.sk.ca/MySTF

Insurer: Canada Life

T: 1-800-957-9777

Visit my.canadalife.com/register to:

- Submit online health claims.
- Register for direct deposit.
- Check claim status/history.
- Check vision services/supplies eligibility.

Mail health claim forms to:

Canada Life Assurance Company
Regina Benefit Payments
P.O. Box 4408
Regina SK S4P 3W7

SASKATCHEWAN TEACHERS' RETIREMENT PLAN

T: 1-800-667-7762;
306-373-1660

F: 306-955-1157

E: strp@stf.sk.ca

(The STRP does not exchange
personal information via email.)

TEACHERS' LONG-TERM DISABILITY PLAN

T: 1-800-667-7762;
306-373-1660

F: 306-373-5235

E: disability@stf.sk.ca

PORTAPLAN - OPTIONAL LIFE INSURANCE

T: 1-800-667-7762;
306-373-1660

F: 306-374-1122

E: portaplan@stf.sk.ca



TEACHER BENEFIT PLANS

Administered by the Saskatchewan Government
(Saskatchewan Teachers' Superannuation Commission)

Teachers' Superannuation Commission

129 – 3085 Albert Street Regina SK S4S 0B1

www.stsc.gov.sk.ca



Teachers' Dental Plan

Group Plan # 25273

Member ID # _____

(SK teaching certificate number)

Government of Saskatchewan

T: 1-877-364-8202;

306-787-6440

mail@stsc.gov.sk.ca

Insurer: Sun Life

T: 1-800-361-6212

Visit mysunlife.ca to:

- Submit online dental claims.
- Sign up for direct deposit.
- View claim statements and claim history.
- Check eligibility for next dental checkup.
- Print a coverage card.

Mail dental claim forms to:

Sunlife Assurance Co. of Canada
Group Health and Dental Claims
P.O. Box 2010, STN Waterloo
Waterloo, ON N2J 0A6



Teachers' Group Life Insurance

(Mandatory)

T: 1-877-364-8202;

306-787-6440

mail@stsc.gov.sk.ca



Saskatchewan Teachers' Superannuation Plan

*(Pension plan for new teachers in
Saskatchewan before July 1980)*

T: 1-877-364-8202;

306-787-6440

mail@stsc.gov.sk.ca